

8 WEEK PERSONALIZED PLAN

FIX YOUR GUT FOREVER

WITH CANDACE LAWRENCE



YOUR UNIQUE HEALTH STORY

Dive deep into your personal health history with no stone left unturned. This includes symptom review, health history, current presentation, personal goals.



YOUR CUSTOM PLAN

Creating your completely personalized meal plan including a key blend of proteins, fats, and fiber for your specific needs as well as nutrients and supplements. In addition, provide additional targeted supportive therapies necessary based on presentation.



REFINE AND FINE TUNE

This is WHY this method works!! Monitor weekly progress and access symptom reduction adjusting nutrients, supplements, and therapies. Create your "after the program" plan that is individualized for you and your lifestyle.

ADDITIONAL PERKS

- *Unlimited email access and support for the duration of the program.*
- *Increasing Energy Now Cookbook*
- *Educational Guides including Fiber Facts, Good Gut Bugs, and more.*
- *15% Discount on Supplements during the duration of the program.*
- *Monthly Live Cooking Class*
- *BONUS Resource Guide (I show you where to find everything!!)*